BOOK NOTICE

JUDITH SUMNER. 2022. Plants in the Civil War. (ISBN 978-1-4766-9131-2, pbk, 978-1-4766-4883-5, ebook). McFarland, Box 611, Jefferson, North Carolina 28640, U.S.A. (Orders: https://mcfarlandbooks.com/ product/Plants-in-the-Civil-War/). \$39.95 US (pbk), \$23.99 US (ebook) 201 pp., 41 photos, notes, bibliography, index, 7"×10".

From the publisher. Slavery was at the heart of the South's agrarian economy before and during the Civil War. Agriculture provided products essential to the war effort, from dietary rations to antimalarial drugs to raw materials for military uniforms and engineering. Drawing on a range of primary sources, this history examines the botany and ethnobotany of America's defining conflict. The author describes the diverse roles of cash crops, herbal medicine, subsistence agriculture and the diet and cookery of enslaved people.

Subject Key Words.—Military History/American Civil War Science & Technology/Environment Interdisciplinary Studies/Food

Preface 1

- 1. The Botanical Roots of Slavery 3; Colonial Origins 3; Enslaved Life 5; Economy and Natural History 7; Popular Culture 10
- 2. Plantation Landscapes 12; Land and Trees 12; Asian Imports 17; Hedges 21; Brush Arbors 24; Wartime Landscapes 25
- 3. Agriculture and Crops 26; North and South 26; Soils, Nutrients, and Cultivation 30; Guano 34; Cash Crops 36; Self-Sufficiency 43
- 4. Foods and Diet 49; Crops and Cookery 49; Fruits and Sweets 52; Grains and Bread 56; Food Preservation 58; Military Rations 61; Whiskey, Wine, and Beer 68; African Crops and Diets 71; Survival 76
- 5. Medicinal Botany and Medical Practice 79; Antebellum Practices 79; Southern Strategies 82; Confederate Medicinal Flora 84; Malaria, Miasma, Feverbark, and Quinine 90; Soldiers' Medicine 94; Slavery and Medicine 98
- 6. Gardens and Horticulture 103; Plantation Gardens 103; Botanical Origins 106; Home Gardens and Floral Culture 112; Indoor Gardens and Parlor Botany 116; Gardens and Slavery 120; Botanical Studies 123
- 7. Fibers and Dyes 126; King Cotton and Culture 126; Cotton Gins 130; Bast and Leaf Fibers 132; Textiles, Clothing, and Uniforms 135; Military Needs 137; Silk 140; Paper 142; Dyestuffs and Pigments 144
- 8. Timber and Wood 147; The Timbered Landscape 147; Farms and Homesteads 149; Military Needs 154; Timber Products and Naval Stores 158; Military Engineering and Construction 161; Loss and Gain 165

Afterword 168

Chapter Notes 171 Bibliography 183

Index 191

About the Author:

Judith Sumner is a botanist and author with particular interest in the historical uses of plants. She is a frequent lecturer for audiences of all kinds and has taught for many years at colleges and botanical gardens. She lives in Worcester, Massachusetts.

