

BOOK REVIEW

LILACE MELLIN GUIGNARD. 2019. **When Everything Beyond the Walls Is Wild**. (ISBN-13: 978-1-62349-764-4, pbk with flaps). Texas A&M University Press, John H. Lindsey Building, Lewis St., 4354 TAMU, College Station, Texas 77843, U.S.A. (**Orders:** www.tamupress.com). \$30.00 US, 300 pp., 11 b&w photos, bibliography, index, 5.125" × 8".

When Everything Beyond the Walls is Wild is an empowering narrative authored by Lilace Mellin Guignard detailing her personal experiences as a woman who is present, and popular, in the world of environmental recreation. The reader is guided through numerous stories shedding light on the highs and lows of being a female in a historically male-dominated world. A reader, having little to no previous knowledge of the environmental recreation community, is given a feminine perspective into what is it like to aspire for goals higher than those set by one's surrounding culture.

Given that some readers may not have the knowledge base to understand the world of environmental recreation, Guignard does an excellent job giving historical accounts surrounding this field. More specifically, she gives the history of how women in nature have been treated and how they have become more involved in the outdoors. Her personal insight, paired with a multitude of historical references, give the reader a complete and captivating look into what it feels like to be a female active in the environment.

Guignard paints a spectacular picture of what it looks like to bridge the gap between society's culture and gender roles in nature. With her common use of humor and colorful language, Guignard invites the reader to participate in her experiences and gain new perspectives through those experiences. By incorporating her personal expeditions in nature, her love life, and her family life, she simultaneously creates a comfortable and visual space for her audience to learn about being a woman in the outdoors of America.

An insightful, entertaining, and thought-provoking work overall.

—Keely Smith, *Botanical Research Institute of Texas, Fort Worth, Texas, U.S.A.*